

# Dietitian



**NHS**

**Lancashire Teaching  
Hospitals**

NHS Foundation Trust

## What is a Dietitian?

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Dietitians assess, diagnose and treat dietary and nutritional problems at an individual and wider public-health level.

They often work as integral members of multi-disciplinary teams to treat complex clinical conditions such as:

- Diabetes
- Food allergy and intolerance
- IBS syndrome
- Eating disorders
- Chronic fatigue
- Malnutrition
- Kidney failure
- Bowel disorders

## Where will you find our Dietitians?

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Our Dietitians can be found in adult and paediatric services across both in-patient and out-patient pathways at Preston and Chorley.

## Future aspirations for the profession:

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- Develop Assistant Practitioner role for colleagues with nutritional degrees
- Expand and develop the Advanced and Consultant workforce
- Introduce degree apprenticeships



**Support workforce:  
Assistant Practitioners  
Dietetic Assistants**